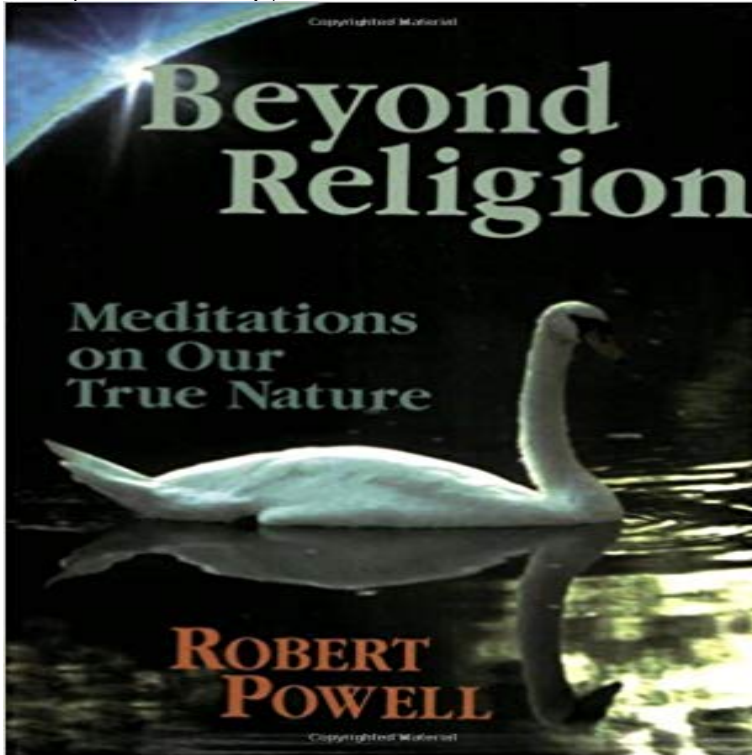


## Beyond Religion : Meditations on Our True Nature



What is the need for religion, for a so-called spiritual orientation in life, at all? If living is a natural function, like breathing, then why interfere? Why can we not continue in our naturally more or less hedonistic way? This would be true if our minds were still functioning in their natural ways, free of complexity, flowing with life. This assumption, as we all know, is no longer valid if it ever was. Our minds are heavily conditioned, fragmented and deep in contradiction. This deep conflict in the mind leads inevitably to conflict in society, and thus to chaos. True religion or spirituality is nothing other than the reversal of this whole process of chaos, conflict, to a state of simplicity, naturalness, and therefore order. from Beyond Religion

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